



Volume 2

*Special K*

June 2011

## A Message From The President

On behalf of the Board of Directors and our pool staff, I would like to welcome back all of our returning members for what we hope will be another safe, warm, sunny, and fun summer at Karakung Swim Club. We also want to welcome the many new families who will finally experience the many fun family events we have at Karakung.

The Board of Directors is a volunteer group who meets every month to make sure our pool is ready and operational as a relaxing summer place for all members. The Board continues to work hard on overall pool maintenance, pool improvements like the new tiles in the locker room and our improved recreation activities area. The website [www.karakung.com](http://www.karakung.com) continues to be a valuable tool to get accurate and current information. The website will keep all members posted on events, calendars, pool hours, and of course the pool Rules & Regulations. Please visit our website to find all the important information. All Board members can be contacted via email link from our website. Karakung continues to be a very popular swim club, and many members wait years to become Bond Members. Thank you to all the members who pay their summer dues on time; you help make this volunteer project enjoyable. It is very important we do our part in knowing the rules, keeping the pool safe, and clean.

We welcome back Halligan's Steaks & Hoagies to operate our snack bar for the summer. The hope and expectation is that the members use the service of a first class snack bar provided by Halligan's. The service will continue to be great, the prices will be affordable, and Halligan's at Karakung will be open.

The daily management of our swim club will be handled by our Manager Frank Whitehead, and his two Assistant Managers Tom Cerone, and Meghan Wolfe. Many of our life guards have returned, and we welcome the new guards to our staff. Please understand the Manager on duty is the point of contact with any question or concerns during pool hours. Please continue to keep our pool safe by obeying the rules and respecting the judgment of our managers and guards. Have a great summer and enjoy the pool. Thanks for making Karakung Swim Club the best pool in Haverford Township!

Timothy J Rafter



## Snack Bar

Karakung Swim club is pleased to have Halligan's at KSC back for their 5<sup>th</sup> year as the vendor of our snack bar. Sean and his helpful staff look forward to providing everything from tasty snacks to full lunches and dinners to our members. Whether you are looking for an icy cold treat or a Cheese Steak or Hoagie with cheese fries after a good swim, Halligan's has much to offer our

members. Halligan's will also be open for our home Varsity and JV swim meets and other KSC events. Take a walk over to the snack bar and peruse the menu and say Hi to Sean and his staff.

Sean Halligan  
KSC Snack Bar Vendor  
Paul Woodman  
KSC Snack Bar Chair



## Swim & Dive Team

KSC is so excited to have Sean Hansen back as our head swim coach. Sean grew up at Karakung and has many years of coaching experience. He is a great asset to our swim program. We would also like to welcome Kevin Van Such to Karakung as an assistant swim coach. Meghan Wolfe will be back with the team after her freshman year at University of Pitt as an assistant coach as well. Swim practices began in April at the Haverford School and will continue at Haverford through June 9<sup>th</sup>. Afterschool practices at Karakung begin June 13<sup>th</sup> and morning practices begin June 20<sup>th</sup>. Mini-team tryouts are on June 21<sup>st</sup> at 11am. We encourage all kids from age 5-8 to come out for the mini-team. It's a great way to improve your strokes and get your feet wet in the sport of swimming! We are looking forward to a fun and competitive swim season!

### Swim team Schedule:

Week of May 23<sup>rd</sup>: Tues through Thursday at Haverford School (4-5:30) (no 8-unders on Wed.)

Week of May 30<sup>th</sup>: Tues through Friday at Haverford School (4-5:30) (no 8-unders Wed or Friday)

Week of June 6<sup>th</sup>: Monday through Thursday at Haverford School (4-5:30) (no 8-unders Mon or Wed)

Week of June 13<sup>th</sup>: Monday through Thursday at KARAKUNG(3:45-5:30) (no practice June 17<sup>th</sup>)

3:45-4:30 for 8s and 10s  
4:30-5:30 for 11 and overs

June 20<sup>th</sup>: Morning practice begin: 8 and 10-under 8:30-9:30  
12 and overs: 9:30 to 11:00

June 21<sup>st</sup>: Mini team tryouts: 11am

June 22<sup>nd</sup>: Mini Team begins at 11 and 11:30 (Monday through Friday through July 15<sup>th</sup>)

July 6<sup>th</sup>: Team picture Day

July 17<sup>th</sup>: Mini Meet

July 18<sup>th</sup>: Dorney Park Trip

Varsity Swim Meets: 6/25, 7/2, 7/9, 7/16, 7/23

JV meets: Wednesday nights (schedule TBA)

### Diving Team

We are thrilled to have Emily Pretz back as our head diving coach. Emily has been with KSC for many years and brings lots of twists and turns to the diving board. Emily has a way of saying something positive even after a belly flop☺ Emily is assisted by her sister, Hannah Pretz. KSC is proud of our large diving team and many mini-divers! Mini-dive is open to kids of all ages,

not just the little ones. It's a great way to learn to dive and be part of the team. Diving meets are held on Tuesday nights and KSC hosts our own mini-dive meet as well.

Diving Schedule:

Week of May 30<sup>th</sup>: Tuesday, Wednesday, Friday: 11 and older: 4-4:45, 10 and younger: 4:45-5:30

Week of June 6<sup>th</sup>: Monday, Tuesday, Wednesday, Friday: 11 and older: 4-4:45, 10 and younger: 4:45-5:30

Week of June 13<sup>th</sup>: Monday, Tuesday, Wednesday, Friday: 11 and older: 3:45-4:30, 10 and younger: 4:30-5:30

Week of June 20<sup>th</sup>: Morning practices begin: 11 and older: 8:30 to 9:30

10 and younger: 9:30 to 10:30

June 21st: Mini Dive 10:30-11 and 11:00-11:30

Diving Meet Schedule: TBA

We are looking forward to a fun filled summer at KSC. Please considering getting your kids involved in our swim or dive team!

Check out our on-line registration for swim team: <http://karakung.wufoo.com/forms/2011-karakung-swimming-registration/>

Check out our on-line registration for dive team: <http://karakung.wufoo.com/forms/2011-karakung-diving-registration/>

Enjoy your summer at KSC!

Colleen Troilo, Martha Bolter, Sue Chupein, Jen Verzella, Paul Woodman

KSC Swim Team Committee



## Pools and Grounds - Reminders

- NO Shoes or footwear of any kind are permitted on the pool deck.
- Food and drinks must be consumed only at the snack bar, the picnic and recreation areas.
- ALL members must present their membership card for entry
- Children in diapers or otherwise not toilet trained are prohibited from entering the main pool.
- All children 10 and under MUST be accompanied by an adult after 6:00 pm.
- Children under the age of 11 must pass a deepwater test, administered by the Management, before using the main pool unattended.
- Management and the lifeguards are in COMPLETE control of the pool. Please obey all of their orders.
- See the manager to schedule birthday parties and to schedule swimming lessons.
- Guest fees remain \$6 / person / day. There is a limit of 50 guests per day. Absolutely NO guests will be permitted on Family Fun day(s).
- Keep up to date with pool events on the website: [www.karakung.com](http://www.karakung.com).



## KSC Kids Triathlon

Date: Sunday, July 24, 2011, rain or shine

Time: 8:30 a.m.

Where: Karakung Swim Club, Havertown, PA

Who: Kids, ages 7-14

Why:

- To encourage a healthy lifestyle
- To teach children about triathlon competition
- To have fun!

#### Karakung Kids Triathlon Race Distances

Ages	Swim	Bike	Run
7-8	50 meters	1 mile	½ mile
9-14	100 meters	1.7 miles	½ mile

To register online, or learn more, please visit [www.karakung.com](http://www.karakung.com)

***New for 2011: Electronic Chip Timing!***

Entry fee:

- \$28 for holders of a current USAT membership;
- \$33 for non-USAT Members or those whose membership has expired;

Each triathlete will receive a finisher's medal, a t-shirt, refreshments, and great *priceless* memories!



## Welcome New Members

Allen, Susan

Alymer, Jennifer

Bates, Brandon

Best, Aaron

Bradley-Dodds, Kelly

Callahan, Dennis

Calvert, Kevin

Consentino, Marianne

Cras, Sue

Denman, Paul

Edwards, Alison

Flood, Ed

Gallagher, Beth

George, William

Gold, Erin

Gorski, Courtney

Graziani, Lisa

Grimes, Michelle

Haub, Kristen

Heckendorn, Suzanne

Hill, Gordon

Hunt, Colleen

Kasuba, Terri

Kesselman, Robert

Kuliszewski, Nancy

Kullen, Michael

Kupperman, David

Lizotte, Meghan

Lorenzo, Dawn

Malosh, Elizabeth

McGovern, Michael

McGovern, Patrick

McGuire, Rachel

Memmel, Allison

Montgomery, Dianna

O'Hara, Kathleen

Peta, Lorene

Pushkar, Tiffany

Roberts, Kim

Russo, Kellie

Scott, Craig

Sheibley, Thomas

Stahl, Suzanne

Steinmetz, Susan

Wherry, Susanne

Wilson, Andrea

Zeller, Lindsey



Have a great summer at Karakung Swim Club! See you at the pool.

